

# Job description

## Job title

Bank Sleep Practitioner

## Hours

Various

## Contract

Casual

## Role profile and grade

## Salary

£25 per hour

## Location

home-based with occasional journeys to Bradford as required

## Reports to

Sleep Services Manager

## Type of DBS required

Full Enhanced (We will apply for this on your behalf)

## Job purpose

The Together for Families Sleep Clinic Service provides personalised advice and support to parents and carers of children and young people with sleep difficulties across all age and ability ranges and specialises in helping autistic people and those with complex communication needs.

## Key responsibilities

- Manage a case load of individual family referrals.
- Assess the child's sleep problem to determine its nature and any contributing factors.
- Work with families to develop a sleep plan encouraging the child or young person to develop positive sleep habits.
- Provide advice and support to parents who are implementing a sleep programme.
- Contribute to the organisation and delivery of sleep clinics and workshops.
- Maintain high clinical standards and contribute to quality improvement across the Therapy & Specialist Support Service (TSS) Service in line with the needs of the service and evidence-based practice.
- Work independently and use own initiative.
- Apply evidence based and child centred principles.
- Offer advice, training and guidance to other professionals as required.
- Be accountable for all aspects of the role working to professional guidelines and Together Trust policy.
- Ensure clinical practice is up to date and based on agreed best clinical practice and evidence base.
- Participate in relevant education/training opportunities, read and critically appraise research articles and relevant literature, ensuring best practice in your day-to-day work.
- Establish/maintain internal and external networks to maintain good standards of practice, embrace new initiatives for the service and enhance job satisfaction.
- Be aware of any potential conflicts of interest and inform their manager of these.

## Other responsibilities

- Actively engage with the Together Trust’s vision, mission and values.
- Commit to promoting equality, diversity and inclusion.

## Person specification

You will need demonstrate the extent that you have the necessary requirements for this role. Please use examples in your application how you match the criteria in the person specification and your experience of the responsibilities outlined for the role.

	Essential	Desirable
Education, qualifications and training	<p>Recognised professional qualification to degree level.</p> <p>Sleep practitioner training</p>	
Experience and skills	<p>Experience of working with autistic children and those with complex needs including ADHD.</p> <p>Experience of successful practice in working with parents and families.</p> <p>Experience of working as part of a multi-disciplinary team.</p>	<p>Experience of managing a case load including written case notes and reports.</p> <p>Experience of delivering training and/or workshops to parents and/or professionals.</p>
Knowledge and understanding	<p>Knowledge and understanding at both theoretical and practical levels of current perspectives on autism and SEN.</p>	<p>Knowledge of legislation relating to children with special educational needs.</p>

	<p>Knowledge of specific approaches to working with autistic people, both structured and unstructured, e.g. TEACCH, PECS, Social Stories.</p> <p>Ability to use and apply knowledge of autism to plan intervention programmes.</p> <p>Commitment to the ethos, policies and practices of the Together Trust.</p> <p>Strong commitment to working co-operatively with parents.</p>	<p>Knowledge and practical experience of using behaviour analysis.</p> <p>Knowledge and understanding of using Office, in particular Excel</p> <p>Interest in and an ability to carry out research.</p> <p>Ability to produce autism resources to a high standard, including use of specialist software, e.g Boardmaker, Canva</p>
<p><b>Other</b></p>	<p>Excellent interpersonal and communication skills.</p> <p>Flexibility and a positive attitude to change.</p> <p>Good organisational skills.</p> <p>Must be a driver.</p>	

Applications are welcome from all regardless of age, disability, marriage or civil partnership, pregnancy or maternity, religion or belief, race, sex, sexual orientation, trans status or socio-economic background. We are committed to making reasonable adjustments for disabled people. We positively encourage applications from those with lived experience.